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Bestselling author Dr. Charles Whitfield discusses in detail how co-dependence is a major manifestation of being an adult child of a dysfunctional family, and provides specific psychotherapeutic and recovery methods to help heal its wounds.

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Co Dependence Healing The Human Charles Whitfield is a Page 4/24. Where To Download Co Dependence Healing The Human Condition frontline clinician who has been assisting co-dependents in their healing for

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over twenty years. He has researched the literature on co-dependence, which he

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Charles Whitfield is a frontline clinician who has been assisting co-dependents in their healing for over twenty years. He has researched the literature on co-dependence, which he summarizes in this widely read book. He sees co-dependence as a way to more accurately describe the painful and confusing part of the human condition.

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